

67<sup>th</sup> UAHC BIENNIAL INITIATIVES  
NOVEMBER 5-9, 2003 • MINNEAPOLIS, MN

# 10 Minutes of Torah

UAHC DEPARTMENT OF LIFELONG JEWISH LEARNING

*Who among us is so busy that he cannot spend 10 minutes a day in the study of a Jewish text? Just 10 minutes? Such a commitment would enable us to meet our Jewish obligation to make Jewish study a fixed occurrence.*

*If we make time to answer our cell phones a dozen times a day and to check our email five times an hour, surely we can find 10 minutes to contemplate sacred words that nourish the soul.*

*Rabbi Eric H. Yoffie, November 8, 2003, 13 Cheshvan 5764*

The Union will send you a **one-page e-mail** each day on a topic of Jewish interest. All you need to do is find **10 minutes a day** to “do Torah.”

It only takes **10 minutes a day** to get started on a lifelong journey. Spend **10 minutes a day** between this Biennial and the next—and before you know it you’ll have completed 100 hours of Torah study!

## WHO?

Reform Jews committed to having Judaism inform their daily lives. Congregational officers, board members, committee chairs and adult learners are encouraged to participate.

## WHAT?

**10 minutes a day** of personal connection to a Jewish text, issue or topic.

- Monday: Torah
- Tuesday: Social Action
- Wednesday: Israel Connections
- Thursday: Jewish Ethics
- Friday: Jewish World

Select all five days or any combination.

## HOW?

Each weekday morning (Monday-Friday) **beginning November 24th**, an e-mail will be delivered to your inbox for you to study at your convenience.

The process is simple. You choose the time to study and the Union’s Department of Lifelong Jewish Learning will provide the resources.

**TO SIGN UP FOR** 10 Minutes of Torah  
please visit [www.uahc.org/torah/ten](http://www.uahc.org/torah/ten)

